

BIOGRAPHY

29/06/2012



Title and name

Prof. Inge TETENS

Nationality

Danish

Panel

Dietetic Products, Nutrition and Allergies (NDA)

Education

- PhD 1990 Food Science and Nutrition, Royal Veterinary & Agricultural University, DK
 - MSc Human Nutrition 1987 London School of Hygiene and Tropical Medicine, University of London, UK
 - MSc Food Science and Technology 1984 Royal Veterinary & Agricultural University, DK
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Scientific and risk assessment experience

- Dietary intake
 - Nutrient bioavailability and metabolism
 - Carbohydrates in nutrition and health
 - Dietary intervention studies
 - Human nutrition and physical activity topics
 - Scientific substantiation of health claims
 - Dietary recommendations and Food Based Dietary Guidelines
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Main scientific publications

My main areas of publications include public health nutrition with focus on glycaemic carbohydrates and fibre, micronutrients and meal or diet intervention studies.

Lau C, Færch K, Glümer C, Tetens I, Pedersen OB, Carstensen B, Jørgensen T, Borch-Johnsen K (2005) Dietary glycemic index, glycemic load, simple sugars and insulin resistance. The Inter99 Study. Diabetes Care 28:1397-404

Tetens I, Larsen TM, Bach Kristensen, M, Hels O, Jensen M, Morberg CM, Thomsen AD, Højgaard L. Henriksen M (2005) The importance of dietary composition for efficacy of iron absorption measured in a whole-diet that includes rye bread fortified with ferrous fumarate: a radioisotope study in young women. British Journal of Nutrition 94,720-6.

Tetens I, Oberdörfer R, Madsen C, Vries J (2007) Nutritional Characterisation of Foods: Science-based Approach to Nutrient Profiling. European Journal of Nutrition 2007;46 (S2):4-14

Flynn A, Hirvonen T, Mensink GBM, Ocké MC, Serra-Majem L, Stos K, Szponar L, Tetens I, Turrine A, Fletcher R, Wildemann T (2009) Intake of selected nutrients from foods, from fortification and from supplements in various European countries. *Food and Nutrition Research* 53: 1-51.

Krog-Mikkelsen I, Sloth B, Dimitrov D, Tetens I, Björck I, Flint A, Holst JJ, Astrup A, Elmståhl H, Raben A (2011) A low glycemic index diet does not affect postprandial energy metabolism but decreases postprandial insulinemia and increases fullness ratings in healthy women. *J Nutr.* Sep;141(9):1679-84. Epub 2011 Jul 20

Tetens I, Biltoft-Jensen A, Spagner C, Christensen T, Gille MB, Bügel S, Banke Rasmussen L (2011). Intake of micronutrients among Danish adult users and non-users of dietary supplements. *Food Nutr Res.* doi: 10.3402/fnr.v55i0.7153. Epub 2011 Sep 7

Kristensen M, Toubro S, Jensen MG, Ross AB, Riboldi G, Petronio M, Bügel S, Tetens I, Astrup A (2012). Wholegrain Compared with Refined Wheat Decreases the Percentage of Body Fat Following a 12-Week, Energy-Restricted Dietary Intervention in Postmenopausal Women. *Nutr.* Feb 22. [Epub ahead of print]

Gondolf UH, Tetens I, Michaelsen KF, Trolle E (2012) Iron supplementation is positively associated with increased serum ferritin levels in 9-month-old Danish infants. *Br J Nutr.* Mar 23:1-8. [Epub ahead of print]

Biltoft-Jensen A, Trolle E, Christensen T, Islam N, Andersen LF, Egenfeldt-Nielsen S, Tetens I (2012) WebDASC: a web-based dietary assessment software for 8-11-year-old Danish children. *J Hum Nutr Diet.* May 18. doi:10.1111/j.1365-277X.2012.01257.x. [Epub ahead of print] PubMed PMID: 22594587.

Rothausen BW, Matthiessen J, Hoppe C, Brockhoff PB, Andersen LF, Tetens I (2012) Differences in Danish children's diet quality on weekdays v. weekend days. *Public Health Nutr.* May 25:1-8. [Epub ahead of print] PubMed PMID: 22625874.
